

## Welcome!

Parents need support and encouragement today and your choice to join this team is a significant one. I am looking forward to personally working with you to embellish your understanding of a heart-based approach to parenting and give you specific tools to work with parents.

When you enter the sacred space of a family dynamic, humility is paramount. Each parent is different and every child is unique. There are no pat answers. You're not only working to change patterns in parents and children, but you're working on the relationship as a whole. It can be rather complicated as you help the parent unravel some of the challenges faced in family life.

Here are some things you'll want to keep in mind as you move forward.

- 1** • I, Scott Turansky, will personally be involved in your training as a coach. This is an opportunity for you to learn and grow. Track your questions and plan to get answers from the group, from my assistant, or from me directly. My email address is [scott@biblicalparenting.org](mailto:scott@biblicalparenting.org). If you summarize your question in an email, sometimes I'll give a quick answer by email and other times we'll have a phone conversation to address the issue. Please include your phone number in the email.
- 2** • Find a parent that wants help. That shouldn't be too difficult, but if you're having a struggle, talk to your pastor for suggestions. To maximize your experience, you'll want the child to be between the ages of four and fourteen. No problem is too big, and even if a problem appears small, we can enlarge the solution and broaden the training over the eight week period of time. The parent must be willing to meet with you consistently. You will work out your ideas and training with this parent, so the choice of a parent is important. If you can't find a coach, I have a list of people interested in coaching. He will help you find someone.
- 3** • There is no cost to the parent you choose to work with. You will be given a procedure that can be used that allows this parent access to the parent-training materials used in the class.
- 4** • After your training is complete, you can work with additional parents at your own pace. You will have access to the Coaching materials ongoing. In addition, we suggest you charge the parent for your time, even if that's just an additional \$50 for the whole program. Investing financially to get well often increases the speed at which a person makes progress. The amount you charge is up to you.

- 5 • For the purposes of the training, please provide the release form to the parent. This allows us to dialogue together about this family, their needs, and struggles. This release form must be turned in to me before we begin the dialogue and is available on the right menu bar of WEEK 1 on the website.
- 6 • Once in the training, you will have access to an online interactive platform where the group interaction will take place. If you're in the program and don't have that link yet, contact me and I will give it to you. All my interaction with you will take place within this platform so that we can keep our interactions in one place. You'll have a direct message there as well to interact with me privately, as well as a group feature to work with others.
- 7 • The parent you're working with won't have access to the online materials until you provide the information. So, be sure to orient your parent with the appropriate links. Once you have paid for the training program, your introductory email will contain a procedure for providing access to the parent portal to any parent you work with now or in the future.
- 8 • All of the handouts and reports are designed to fit into a 3-ring notebook. I would encourage you get one now to keep track of everything and to keep your notes and reports organized. You can create a section in this notebook for your Status Reports on each family you're working with.
- 9 • Each week you'll see a download for the Coaching Tips for that week. These are ideas that can strengthen your connection and effectiveness with the parent you're working with.
- 10 • There are three online platforms. One is BPU 301 which gives you access to all of the content, forms, to do lists, and videos. We also use an interactive platform for communication, discussion, and dialogue about reading, case studies, recruiting, and any other questions regarding the program. The third platform is for the parent. It's BPU 301P and contains some of the same videos that you see in BPU 301, and it has an additional video that you won't see unless you go there and watch it. This one video each week explains why that week's focus is important to the program.

Welcome to this training. I am praying that it will be a life changing experience for you.

Blessings,

A handwritten signature in black ink that reads "Scott Turansky". The signature is written in a cursive style with a long horizontal flourish underneath the name.

Dr. Scott Turansky